

REGISTERED NURSE
PROFICIENCIES

DIGNITY AND COMPASSION IN CARE
STANDARD

KNOWLEDGE AND SKILLS FRAMEWORK

CORE DIMENSIONS
CD 1, 2, 3, 4, 5, 6

SPECIFIC DIMENSIONS
HWB 1-7

Date Commenced

Date Completed

Name

Clinical Base

Authors
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Ratified by OPMH Dignity in Care Link Team
Older Persons Mental Health, St. James Hospital, Portsmouth

Learning Objectives

- To effectively and efficiently be able to carry out their role in regards to Dignity and Compassion in Care.

AIMS

Understands the key principles of Dignity and Compassion in Care by;

- Knowledge of the Department of Health 10 points of the Dignity Challenge.
- An understanding and empathy for older people with Dementia and other mental health issues.
- Understand the impact of changes to the brain in relation to behaviour.
- Have knowledge of Dementia Care Mapping, including Personal Enhancers and Personal Detractions (Kitwood.T.1991) and person centred care
- To understand the experience of care interventions and cognitive impairment.
- To understand the challenges presented in older adults with mental health issues.

OUTCOMES

ACHIEVED STANDARD

REFERRAL FOR FURTHER EDUCATIONAL DEVELOPMENT

DIGNITY AND COMPASSION ELEMENT	OBSERVED	SUPERVISED	PROFICIENT	ACTION PLAN/AREAS FOR FURTHER DEVELOPMENT
	Senior Nurse Signature and Date	Senior Nurse Signature and Date	Senior Nurse Signature and Date	
<p>1) Will have knowledge of and adhere to all 10 DH dignity challenge points:</p> <p>a) Have zero tolerance of all forms of abuse.</p> <p>b) Support people with the same respect you would want for yourself or a member of your family.</p> <p>c) Treat each person as an individual by offering a personalised service.</p> <p>d) Enable people to maintain the maximum level of independence, choice and control.</p> <p>e) Listen and support people to express their needs and wants.</p> <p>f) Respect people's right to privacy.</p>				

DIGNITY AND COMPASSION IN CARE ELEMENT	OBSERVED	SUPERVISED	PROFICIENT	ACTION PLAN/AREAS FOR FURTHER DEVELOPMENT
	Senior Nurse Signature and Date	Senior Nurse Signature and Date	Senior Nurse Signature and Date	
<p>g) Ensure people feel able to complain without fear of retribution.</p> <p>h) Engage with family members and carers as care partners.</p> <p>i) Assist people to maintain confidence and positive self-esteem.</p> <p>j) Act to alleviate people's loneliness and isolation.</p> <p>2) Compassion in Care</p> <p>a) Will have an awareness of mental health issues in older people, including dementia, depression, psychosis and physiological changes to the brain (and relating behaviour).</p>				

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<p>b) Record a life story with a service-user/carer, understanding the purpose and importance of this in relation to care provision</p> <p>c) Plan and participate in an age appropriate activity session</p> <p>d) Will understand and demonstrate the following components of person centred care:</p> <ul style="list-style-type: none"> - comfort - identify - attachment -occupation - inclusion <p>e) Experience receiving care interventions, including:</p> <p>f) Being assisted to have a drink and meal</p>				

DIGNITY AND COMPASSION IN CARE ELEMENT	OBSERVED	SUPERVISED	PROFICIENT	ACTION PLAN/AREAS FOR FURTHER DEVELOPMENT
	Senior Nurse Signature and Date	Senior Nurse Signature and Date	Senior Nurse Signature and Date	
g) Being placed in a hoist and stood up using a Standaid h) Being moved in a recliner chair i) Understand cognitive impairment and the impact of the person with dementia and mental health issues by participating in: 'N' exercise 'Colour confusion' 'Holding onto feelings' 'Jewellery removed'				

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	Senior Nurse Signature and Date	Senior Nurse Signature and Date	Senior Nurse Signature and Date	
<p>3) Challenges in Older Adults</p> <p>a) Will be aware of how your own behaviour and attitude can impact in a care situation</p> <p>b) Will be able to identify potential triggers to distress</p> <p>c) Will have knowledge and can implement de-escalation skills.</p>				

SUPPORTING EVIDENCE FROM HEALTH CARE SUPPORT WORKER

**DIGNITY AND COMPASSION IN CARE
STANDARD**

Reflective Statement from Supervisor

Signature

Date

DIGNITY AND COMPASSION IN CARE
ELEMENT

Reflective Sheet from Supervisee

Signature

Date