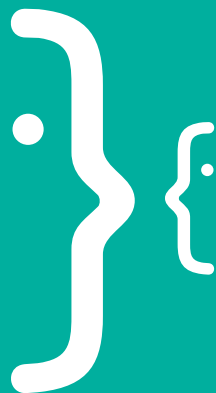


# Providing online support for people to live well with dementia



“ Talk safely,  
one-to-one,  
with others  
affected by  
dementia ,”

I am a **qualified mental health nurse**  
and have **over 25 years of experience**  
with elderly people with dementia/  
alzheimer's disease  
**Dementia, 58**

**You too can become a  
mentor. Whether it's with  
a useful link or a personal  
story, share or keep in touch  
with someone affected by  
dementia on Horseshmouth.  
It's safe and you control how  
much you contribute.**

**To become a Living Well  
with Dementia mentor, visit  
[www.horseshmouth.co.uk/  
livingwellwithdementia](http://www.horseshmouth.co.uk/livingwellwithdementia)**

Find out more at  
[www.horseshmouth.co.uk](http://www.horseshmouth.co.uk)

} [horseshmouth.co.uk](http://horseshmouth.co.uk) {

Someone knows what you need  
Someone needs what you know

