Providing online support for people to live well with dementia

Talk safely, one-to-one, with others affected by dementia

You too can become a mentor. Whether it’s with a useful link or a personal story, share or keep in touch with someone affected by dementia on Horsesmouth. It’s safe and you control how much you contribute.

To become a Living Well with Dementia mentor, visit www.horsesmouth.co.uk/livingwellwithdementia

I am a qualified mental health nurse and have over 25 years of experience with elderly people with dementia/alzheimer’s disease

Dementia, 58

Find out more at www.horsesmouth.co.uk