



DO NOT FORGET THE PERSON

Respect, Choice and Dignity – Do as you would be done by!

DIGNITY AND RESPECT

- Treat the person as an individual
- Ask the person how they would like to be addressed
- Involve the person, and their next of kin when appropriate, in all discussions and decisions

EATING AND DRINKING

Check if the person:

- Is in the most comfortable position prior to eating
- Has had the opportunity to wash their hands before and after eating and check fingernails for cleanliness and length
- Has had their mouth and dental hygiene assessed

USE OF THE TOILET

Ensure the person has:

- Privacy and dignity
- Timely and prompt assistance if required
- The opportunity for hand washing

COMMUNICATION

- Check the person has been assessed for hearing, sight and language difficulties
- Use plain language and simple explanations
- Make sure you have understood the person and that the person has understood you

MOBILITY

- Encourage the person to maintain their **NORMAL** mobility and routine as much as possible
- Check the person's foot hygiene and toenail length
- Ensure the person's footwear is clean, well fitting and within reach



For more information and suggested reading materials visit: www.bgs.org.uk/campaigns/dignity2010.html