What is Dignity in Care

Carer’s Perspective
Dignity

.. is the quality of being worthy of esteem or respect

...should not be an afterthought
As an individual...

👍 Having a voice

👍 Not losing individuality

👍 Having choice

👍 Not feeling guilty
As a carer...

- Encourage choice and decision-making
  
  His life his choice

- Ensure respect to him and to his team with appropriate language and gestures
  
  Respect is a 2-way street

- Ensure his wishes are taken into account and not that of his team
  
  His wishes not mine
As a carer...

- Allow risk taking
- Retain sense of humour
- Advocating values
- Look at the big picture – don’t sweat the small stuff

Always remembering that Dignity is at the heart of everything in Sean’s life...