

□ 1. I have been made aware of how the safeguarding procedure is used to report any abuse

□ 2. I have been treated with kindness respect and compassion

□ 3. I have been treated as an individual with individual needs

□ 4. I have been given the support and encouragment to maintain or achieve my optimum level of independence

□ 5. I have been listened to and encouraged to express my wishes and needs

□ 6. My right to privacy has been afforded.

□ 7. I have been made aware of the process for making comments, giving complaints or compliments.

□ 8. My family, friends and carers have been engaged with when required.

□ 9. I have been empowered to maintain my self esteem and confidence

□ 10. I have been made aware of how to seek contact if I have feelings of lonliness or isolation.

Dear manager please

□ I have been cared for on a ward:

□ I attended an appointment with:

□ I was visited by:

Date:

**During this time I witnessed that dignity was in the heart mind and actions of:.**

Thank you

Name:

Comments: Special mentions:

I’m a dignity champion …..are you? www.dignityincare.org.uk

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| 1 | Your care and support has been provided in a safe environment, free from abuse either real or perceived. |
| 2 | You have been spoken to respectfully – not made to feel like a nuisance; made to feel valued as an individual |
| 3 | You feel that those providing your care and support were:* attentive
* greeted you by name,
* introduced themselves to you,
* made you feel important;
* had time for you
 |
| 4 | You feel you have been encouraged to:* help yourself where appropriate
* given sufficient information to make informed decisions.
 |
| 5 | You feel like you have been* actively listened to
* paid attention to –
* able to express your needs and aspirations and have those met where possible, and if not the reasons have been discussed with you.
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| 6 | You have not felt:* exposed
* information about you is safe and not being shared with others who do not need to know
* nothing about you without you
 |
| 7 | You feel:able to give feedback or complain without fear of retribution;your comments have been noted and confident that appropriate action will be taken where possible acted upon |
| 8 | Your family have been appropriately engaged with your care and support; at a level that you are happy with.  |
| 9 | You feel you have been encouraged to be confident and believe in yourself and your abilities |
| 10 | You have not felt* isolated
* left alone without care and attention; even when others have needed extra time.
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