

Dignity in Life

It's everybody's business
In the heart, mind and actions



Compassion, kindness and respect are at the centre of dignified relationships. We must make sure these principles are at the heart of everything we do.

Become a Dignity Champion today

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www.dignityincare.org.uk

The Childrens Dignity Do's

- 1 Don't be mean and be a good friend.
- 2 Treat people the way you want to be treated.
- 3 Treat people as their own person and listen to them.
- 4 Ask people what they want and give them a choice.
- 5 Let people have time to themselves, and choose when they want to talk.
- 6 Let people make choices by themselves and listen to their opinions.
- 7 Let people feel free to tell somebody when something is wrong.
- 8 Talk to our loved ones and share with them what we are up to.
- 9 Help others to be brave and be themselves so they can have lots of fun.
- 10 Be a good friend and help others when they feel sad.