## Providing online support for people to live well with dementia

Talk safely, one-to-one, with others affected by dementia

You too can become a mentor. Whether it's with a useful link or a personal story, share or keep in touch with someone affected by dementia on Horsesmouth. It's safe and you control how much you contribute.

To become a Living Well with Dementia mentor, visit www.horsesmouth.co.uk/ livingwellwithdementia

Examples of some of the people currently offering support on Horsesmouth

Eight grandchildren and 1 great grandson, yes i am only 52! I was diagnosed with early onset Alzheimers at the age of 50... I am just a simple northern lad (certainly not educated!) who likes to put his experiences and poems down on paper to try and help as many as possible in my predicament Norms, 52

I am a qualified mental health nurse and have over 25 years of experience with elderly people with dementia/alzheimer's disease Dementia, 58



