

DIGNITY THROUGH ACTION PLANNING WORKSHEET

THE DIGNITY CHALLENGES
RESPECT Supporting people with the same respect you would want for yourself or a member of your family.
ZERO TOLERANCE OF ABUSE Care and support is provided in a safe environment, free from any form of abuse.
PRIVACY Respecting peoples' right to privacy.
AUTONOMY Enabling people to maintain the maximum possible level of independence, choice and control.
PERSON-CENTERED CARE Treating each person as an individual by offering a personalised service.
CONFIDENCE AND POSITIVE SELF-ESTEEM Assisting people to maintain confidence and a positive self-esteem.
LONELINESS AND ISOLATION Acting to alleviate people's loneliness and isolation.
COMMUNICATION Expression of Needs and Wants. Listening and supporting people to express their needs and wants.
COMPLAINT HANDLING AND FEAR OF RETRIBUTION Ensuring people feel able to complain without fear of retribution.
ENGAGEMENT WITH FAMILY AND CARERS Engaging with family members and carers as care partners.

Step 1: Describe the Dignity Problem.

Step 2: What are the causes of the dignity problem?

Step 3: Consider the factors involved (Refer to the Checklist in Workshop Pack)	
PLACE <i>Physical Environment and its resources, funding.</i>	
PROCESSES <i>How care activities are conducted</i>	
PEOPLE <i>Behaviours, attitudes, culture.</i> <i>Staffing</i>	

Step 4: Describe an Option	Advantages
	Disadvantages

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Step 5: Write the Action Plan *(Refer to the Checklist in Workshop Pack)*

Goal *(Keep this short and simple):*

Objectives

*(Objectives should be **S**pecific, **M**easurable, **A**chievable, **R**ealistic, **T**imed, **I**nspiring, **E**nthusiastic, **S**ustainable)*

List of Tasks:

[illegible]

Step 6: List the evaluation arrangements *(Refer to the Checklist in Workshop Pack)*

Follow Up and Evaluation Arrangements: