## What is Dignity in Care

Carer's Perspective

## Dignity

.. is the quality of being worthy of esteem or respect

...should not be an afterthought















## As an individual...

- Having a voice
- Not losing individuality
- Having choice
- Not feeling guilty

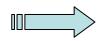
## As a carer...

Encourage choice and decision-making



His life his choice

 Ensure respect to him and to his team with appropriate language and gestures



Respect is a 2-way street

 Ensure his wishes are taken into account and not that of his team



His wishes not mine

As a carer... **Advocating** values Allow risk taking Look at the big Retain sense of picture – don't humour sweat the small stuff

Always remembering that Dignity is at the heart of everything in Sean's life...