

# DIGNITY THROUGH ACTION PLANNING WORKSHEET

THE DIGNITY CHALLENGES
<b>RESPECT</b> Supporting people with the same respect you would want for yourself or a member of your family.
<b>ZERO TOLERANCE OF ABUSE</b> Care and support is provided in a safe environment, free from any form of abuse.
<b>PRIVACY</b> Respecting peoples' right to privacy.
<b>AUTONOMY</b> Enabling people to maintain the maximum possible level of independence, choice and control.
<b>PERSON-CENTERED CARE</b> Treating each person as an individual by offering a personalised service.
<b>CONFIDENCE AND POSITIVE SELF-ESTEEM</b> Assisting people to maintain confidence and a positive self-esteem.
<b>LONELINESS AND ISOLATION</b> Acting to alleviate people's loneliness and isolation.
<b>COMMUNICATION</b> Expression of Needs and Wants. Listening and supporting people to express their needs and wants.
<b>COMPLAINT HANDLING AND FEAR OF RETRIBUTION</b> Ensuring people feel able to complain without fear of retribution.
<b>ENGAGEMENT WITH FAMILY AND CARERS</b> Engaging with family members and carers as care partners.

## Step 1: Describe the Dignity Problem.

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## Step 2: What are the causes of the dignity problem?

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**Step 3: Consider the factors involved** (*Refer to the Checklist in Workshop Pack*)

**PLACE**

*Physical Environment and its resources, funding.*

**PROCESSES**

*How care activities are conducted*

**PEOPLE**

*Behaviours, attitudes, culture.*

*Staffing*

**Step 4: Describe an Option**

**Advantages**

**Disadvantages**

**Step 4: Describe an Option**

**Advantages**

**Disadvantages**

**Step 5: Write the Action Plan** *(Refer to the Checklist in Workshop Pack)*

**Goal** *(Keep this short and simple):*

**Objectives**

*(Objectives should be **Specific, Measurable, Achievable, Realistic, Timed, Inspiring, Enthusiastic, Sustainable**)*

**List of Tasks:**



**Step 6: List the evaluation arrangements** (*Refer to the Checklist in Workshop Pack*)

**Follow Up and Evaluation Arrangements:**